

## Lightweight Optimization of Headrest Modules Including Flat-Plate Sliding Brackets

**Deok Jeon**

*PG Scholar,*

*Department of Mechanical Engineering, Graduate School  
Kongju National University (KNU), Chungnam Province,  
South Korea.*

**Euy Sik Jeon**

*Professor,*

*Department of Mechanical Engineering, Graduate School  
Kongju National University (KNU), Chungnam Province,  
South Korea.*

### Abstract

The rear-folding-type seat may collide and cause seat damage due to interaction with the front seat when the drawn-out headrest is folded. This study investigated the mechanism of a folding-type seat that keeps the headrest free from interference with the front seat when the rear seat is being folded, as well as a method for weight reduction of automobile parts. In this paper, the seat back interlocking mechanism is also presented. The no occurrence of interference was verified via trajectory analysis. Furthermore, this study proposes a module design for the proposed mechanism, and finite element analysis (FEA) was conducted to verify that the proposed structure satisfies the static strength requirements in compliance with the relevant regulations. Furthermore, the design of experiments (DOE) method was used to propose a weight-reduction method for the designed automotive components and its feasibility was verified.

**Keywords:** Headrest, Optimization, Design of experiment, Lightweight, Seat

### INTRODUCTION

With the popularization of leisure and cultural activities, there has been a rise in the demand for an increased vehicle cargo space. Extending vehicle space by folding the rear seats has been commonly used to meet this demand. At the same time, increased safety awareness in recent times has contributed to strengthening the relevant regulations by mandating the installation of rear seat headrests in automobiles. Headrests are designed to be adjustable in height considering the user's body size. The headrest of a drawn-out rear seat interferes with the front seat while the seatback is folded, which, in turn, requires front seat repositioning and headrest length adjustment. To solve this problem, a new mechanism is required that would avoid front seat interference while folding the seatback of the rear seat. Choi et al. <sup>[1]</sup> emphasized the importance of headrests drawn out to the proper height. Kim <sup>[2]</sup> employed mathematical modeling to design the mechanism, which demonstrates kinematic motion by using slots and links for trajectory control. Yang <sup>[3]</sup> designed an operating mechanism via trajectory analysis.

Automotive lightweight is a popular approach to improve the fuel economy and simultaneously deal with environmental issues. With the development of luxury and intelligent vehicles, such an approach can be used to offset the impacts of weight increase due to a rising number of in-vehicle components to enhance safety, convenience, and affective value. With an increase in the number of co

ponents added to existing vehicles for new features, the subsequent growth in the vehicle's total weight is unavoidable, which calls for a lightweight analysis with the objective of minimizing the total vehicle weight. Most commonly used methods of in-vehicle component weight reduction include material change <sup>[4,5]</sup> and topology optimization <sup>[6]</sup> based on computer programs. However, in case of brackets, which are the subjects of lightweight in this study, topology optimization is not suitable, as the brackets have a relatively small thickness compared to its length or width. Design of experiments (DOE) can be also utilized for lightweight. For instance, Choi <sup>[7]</sup> implemented a DOE-based size optimization design approach, while M. Hatami <sup>[8]</sup> utilized DOE to optimize the partial shape of a variable turbocharger by means of multiple preset parameters and verified the effectiveness of the method.

This paper proposes a new approach for avoiding front-seat interference when folding the seatback of the rear seat. The present method utilizes slots and wires to prevent front-seat interference by positioning the headrest near the center of rotation of the rotating seatback. In this study, the structural design was conducted via trajectory analysis of the headrest, based on the slot shape, interference avoidance method, and case-study analysis of different seat structures necessary when implementing the mechanism. 3D seatback modelling was performed, which included mechanism design, coupled with FEA using loading conditions suggested by the U.S. Federal Motor Vehicle Safety Standard FMVSS 202a Vertical Test, in order to evaluate structural safety of the seatback. Based on the analysis, bracket weight reduction was achieved in the form of a lightweight exercise for vehicle components by identifying excessively heavy auto parts and minimizing the weight gain. To that end, this study utilized DOE and analyzed the relationships between each design variable and the corresponding response variable to present a novel method of lightweight.

### STRUCTURAL DESIGN OF SEATBACK INTERLOCKING HEADREST Mechanism design

Seatback must be folded without colliding with the front seat and with no additional adjustments in the headrest height. Possible causes of such problems include the position and posture of the front seat as well as the height of rear-seat headrest when drawn out. The main purpose of mechanism design in this study was to eliminate additional manipulations in pursuit of improved convenience, which requires an approach that all

ows the drawn-out headrest to be adjusted in height as the seatback rotates in accordance with a mechanism involving only the rear seats regardless of front seats.

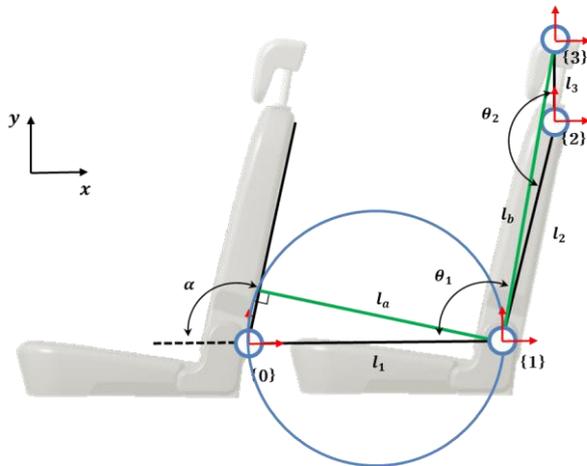


Figure. 1 Avoidance for folding mechanism

Table 1 Design Parameter

Symbol	Description	Symbol	Description
{0}	Coordinate system $\{X_0, Y_0\}$	$\alpha$	The initial angle of front seat
{1}	Coordinate system $\{X_1, Y_1\}$	$l_a$	Minimum distance from {1} to front seat
{2}	Coordinate system $\{X_2, Y_2\}$	$l_b$	straight distance from {1} to {5}
{3}	Coordinate system $\{X_3, Y_3\}$	$l_1$	{0}~{1} distance
$\theta_1$	Seat back angle	$l_2$	{1}~{2} distance
$\theta_2$	The angle of between $l_4$ and $l_5$	$l_3$	{3}~{3} distance

Parameter values indicating the total rotation of the seatback and the front-seat posture, denoted by  $\alpha$  and  $l_1$ , respectively, were determined based on actual vehicle measurements of existing seat. When the rear-seat headrest is adjusted in height with the front seat at being fixed in position and posture, the total height of rear seat,  $l_t$  should be smaller than  $l_a = \sin(180^\circ - \alpha)l_1$  to avoid a collision.

$$l_b \cong l_2 + l_3 \quad (1)$$

$$l_a > l_t$$

$$l_1 \sin(180^\circ - \alpha) > l_2 + l_3 \quad (2)$$

The interlocking headrest mechanism consists of an existing seat structure and an additional movable module and a lever designed to shift the headrest height-adjustment structure, including headrest and pole bar guide, to where the recliner-lever and lever-headrest movable modules are connected by wires. Fig. 2 shows a schematic of the seatback-interlocking headrest.

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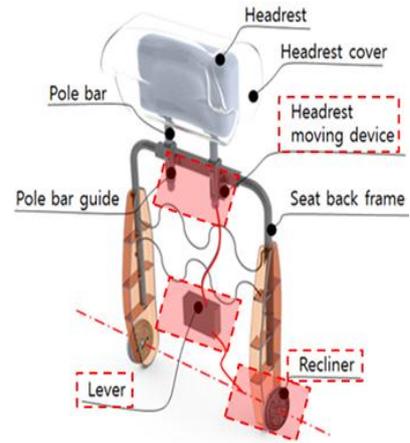


Figure. 2 The seatback folding mechanism

This study presents a mechanism with slots, which allow for movement with seatback rotation while maintaining the existing headrest height. The mechanism includes a moving path guide slot and adds a bracket of a certain size to protect internal components and secure the workspace. The size of the bracket is determined based on the workspace available for headrest components and the moving path slot, bracket fixing, width of headrest, length of the pole bar, and size and thickness of the seat. The shape of the bracket is illustrated in Fig. 3, and the factors affecting bracket design are summarized in Table 2.

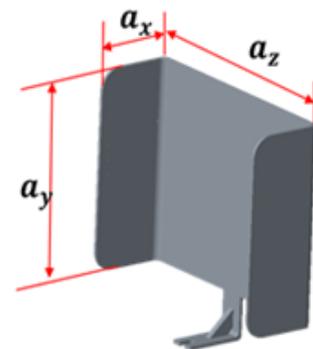


Figure. 3 Shape of bracket

Table 2 Design parameter of bracket

Symbols	Design parameters
$a_x$	<ul style="list-style-type: none"> <li>slot size</li> <li>work space</li> <li>fixing area</li> <li>thickness of seatback</li> </ul>
$a_y$	<ul style="list-style-type: none"> <li>slot size</li> <li>length of bar</li> </ul>
$a_z$	<ul style="list-style-type: none"> <li>width of headrest</li> </ul>

- seat size

The headrest must normally be in a 'stationary' state and become 'movable' when the seatback is folded. A linearly designed slot requires a separate fixing device. Furthermore, the headrest should be easily movable when the pulling force is applied to the wire rather than the headrest itself. The start and end positions of the slot were arranged to be inclined, with the distance between the two points set to be 50 mm or greater. Two upper and lower slots at both ends to prevent possible torsion, are arranged to prevent the headrest from rotating.

The wire-driven mechanism, presented in this paper, was designed to allow the headrest to rotate by up to  $110^\circ$  depending on the slot shape. It is assumed that the tip end of headrest moves in the recliner direction, and the wire is a rigid body without deformation in the length direction. To avoid collision with the front seat, the trajectory of the headrest tip is modified by changing the slot shape. The trajectory from the initial position of the headrest tip to the final folded position is also examined in this paper. As shown in Fig. 5, by changing the trajectory, the initial rate of travel can be increased. The slot shapes are designed as shown in Fig. 4, and the trajectory of the headrest tip for different slot shapes is illustrated in Fig. 5.

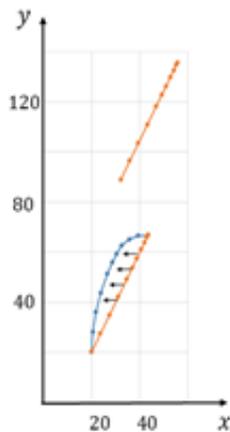


Figure. 4 Trajectory of slot

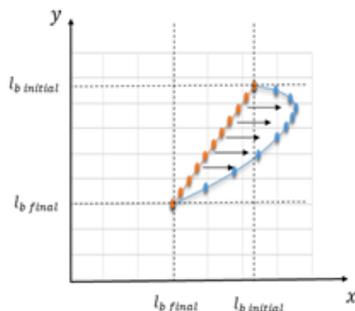


Figure. 5 Trajectory of coordinate system {3}

#### Trajectory analysis of seatback interlocking headrest

To evaluate interference avoidance using the headrest-interlocking mechanism, a trajectory analysis was performed. As shown in Fig. 1, the coordinates were set for the main areas of the mechanism

proposed in this study, for analysis of the headrest tip trajectory, and the trajectory coordinate systems {2} and {3} were obtained when the seatback was folded to evaluate its interference avoidance with the front seat. The trajectory of the headrest tip while folding a seatback, which varies with differently designed slot shapes, was evaluated with input values of parameters, such as rear-seat space, front-seat posture, and rear-seat size.

The trajectory of the headrest tip was investigated while increasing the seatback rotation angle  $\theta_1$  to up to  $110^\circ$ . With increased  $\theta_1$ , the recliner pulls a wire as the seatback rotates, which shifts the movable module in the axial direction through a lever. The trajectory of the headrest tip is determined based on the slot shape in the coordinate system {2}. The trajectory coordinate systems {2}, {3} are illustrated in Fig. 2.16. Therefore, it is concluded that the difference in shape between the two slots causes a change in the headrest angle, and the headrest tip moves backwards at an initial stage, all of which contribute to interference avoidance. No collision between the headrest and front seat was observed in this study.

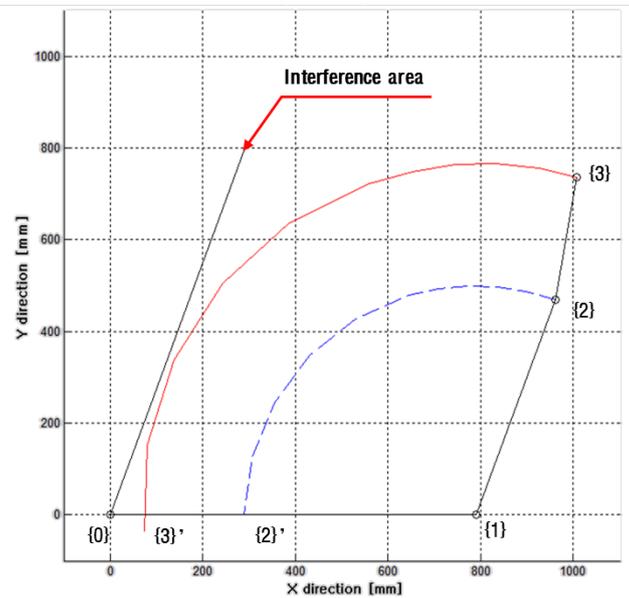


Figure. 6 Trajectory analysis of the folding mechanism

#### FINITE ELEMENT ANALYSIS

According to the headrest height requirements in the FMVSS 202a, a test for maintaining height must be performed as a mandatory exercise for adjustable headrests with a lock system, and the headrest must be designed to sustain a deformation not exceeding 13 mm from a reference point when a load of 500 N is applied [9]

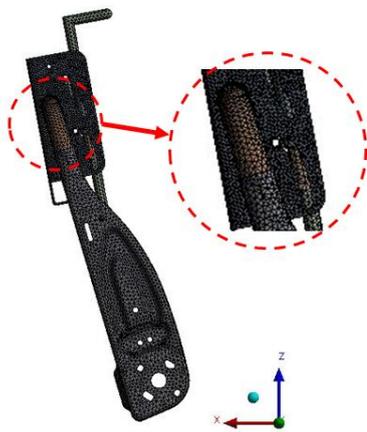
3D shape modeling was conducted for seatback frames, including the seatback-interlocking headrest mechanism. All parts were made of structural steel. The areas that have no influence on the results were excluded, and all degrees of freedom (DOF) were constrained in the recliner area connecting to the seat cushions. A load, which was gradually increased to 500 N in the vertical direction, was applied at the uppermost point in the headrest for analysis. The maximum load of 500 N was applied for five seconds to evaluate the stress distribution and

deformation. Fig. 7 shows the analysis conditions, where (a) illustrates the mesh shape of the model analyzed and (b) illustrates load directions and the DOF constraint conditions. Table 3 summarizes details of analysis model.

Fig. 8 and 9 show FEA results for the seat frames in accordance with the headrest height requirements in the FMVSS 202a. The maximum stress, which appeared to be concentrated at the contact between the bracket and under bar, was 193.28 MPa. Local plastic deformation may have occurred, but at the same time, it can be predicted that no damage will occur. The maximum deformation observed was 2.028 mm, which was smaller than the threshold deformation (13 mm) suggested by FMVSS 202a. Taking the safety factor into consideration, the maximum deformation was 4.33 mm.

**Table 3** Model data and input force

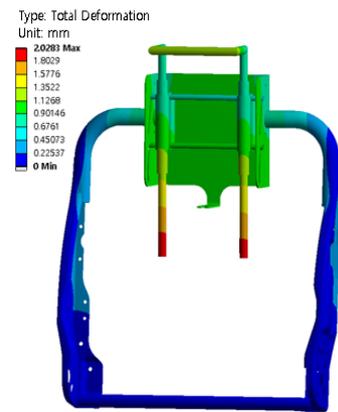
Name		Values	
		Bracket	Others
Mesh	Nodes	81,999	185,347
	Elements	42,082	80,558
	Size [mm]	3	5
	Type	tetrahedral	
Load [N]		500	



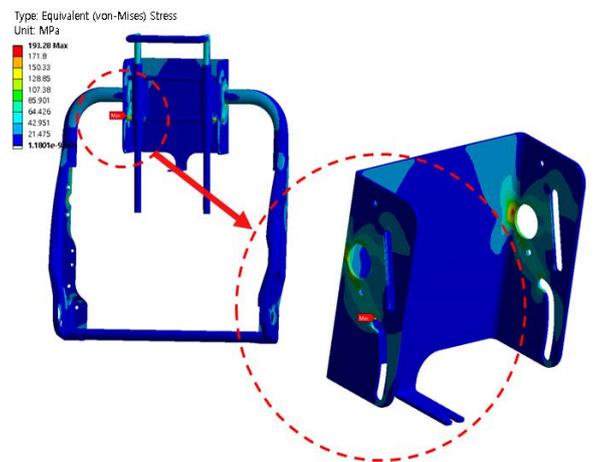
(a) Shape of mesh



(b) Boundary condition of analysis  
**Figure 7** Mesh and force condition



**Figure 8** Deformation of static analysis



**Figure 9** Stress of static analysis

## LIGHTWEIGHT OPTIMIZATION

### General full factorial method

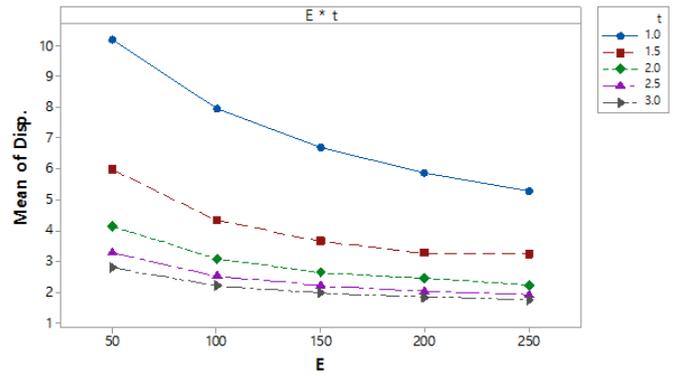
The full factorial design, which is a DOE applicable across all combinations at different factor levels, allows an analysis of effects of interaction and main effects and is suitable for determining the characteristics of factors or the optimal combinations. [10], [11]

To analyze the effects of design factors, the thickness (t) of brackets was set together with the Young's modulus of elasticity (E) affecting deformation as the physical properties of the materials used in this study. The two-factor five-level full factorial design was used for the simulation conducted 25 times

to reduce the weight of bracket. Table 4 lists the values for each factor level.

**Table 4** Design variables and values at each level

parameter	level				
	1	2	3	4	5
Bracket thickness $t$ [mm]	1	1.5	2	2.5	3
Young's modulus $E$ [GPa]	50	100	150	200	250



**Figure.11** Interaction plot for deformation

**Results and analysis**

A statistical software (Minitab) was used to analyze the relationship between design variables, seat deformation, and bracket weight. Fig. 10 shows the main effect of each of these factors, and deformation, in particular, is largely affected by thickness as compared to other factors. Young's modulus, also one of the factors, is a physical property only affecting the strength and has no effect on the weight. Fig. 11 shows the results of interaction analysis, and there is no observed interaction, which indicates that the two factors are independent.

**Lightweight optimization**

Since the optimally designed bracket was presented in a specific shape and is extremely thin when compared to its length or width, the optimal design was performed based on the previously applied test specifications. The main factors affecting deformation, maximum stress, and component weight include the bracket's thickness ( $t$ ) and material. Other factors, such as the size of the component or curvature of the folding area are against the purpose of or have little influence on the design. The design optimization of the bracket can be defined as in Eq. 3.

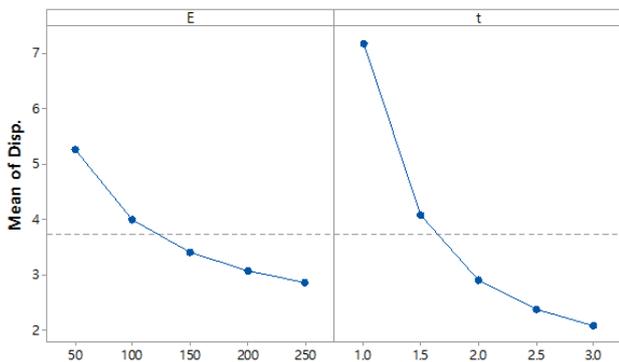
$$\begin{aligned} &\text{Minimize} && \text{Mass (Bracket)} \\ &\text{subject to} && \text{deformation} < 4.33\text{mm} \end{aligned} \quad (3)$$

According to the headrest safety regulations in the FMVSS 202a, the design should limit the deformation under given loads within 13 mm. Therefore, the safety factor ( $S = 3$ ) was applied to set the limit. The initial design model weighed about 1 kg with a deformation of 2.02 mm when  $t = 2.5$ ,  $E = 200$  GPa.

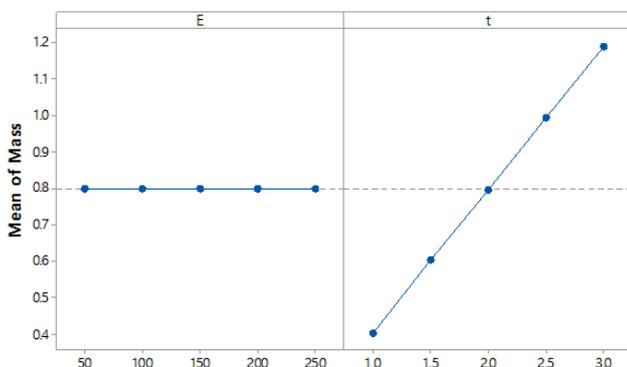
DOE-based simulation results showed that each variable is independent. Moreover, the sensitivity of each factor to the deformation was examined, along with the weight of factor. For weight reduction, this study found that the thickness should be reduced and determined the minimum strength value at different thicknesses with deformation not exceeding 4.33 mm to design for safety.

**Table 5** Conditions of each factor according to Mass variation

Mass variation [%]	$t$ [mm]	minimum value of $E$ [Gpa]	Deformation [mm]
-20	2	56	4.32
-30	1.75	98	4.29
-40	1.5	150	4.31
-50	1.25	240	4.30



(a) Deformation



(b) Mass

**Figure. 10** Main effect plot

Further reduction in weight can be expected if material selection is performed within the range of satisfactory strength levels depending on the density of the material.

## CONCLUSIONS

The findings of this study can be summarized as follows.

- 1) This study proposed a headrest module that shifts as the seat back rotates in folded condition and verified through trajectory analysis that the headrest did not collide with the front seat.
- 2) This study conducted simulations for static test requirements of the U.S. headrest safety standard FMVSS 202a and verified structural stability.
- 3) This study showed the correlation between the thickness of a bracket, which is part of the proposed mechanism, and its physical properties to achieve the goal of bracket lightweight.

## ACKNOWLEDGEMENTS

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